

From _____ to _____

Three years from now, my life and work look like this.

1 by week 12

2 by week 123 by week 12[illegible]

The scorecard.

Every week, same day, fifteen minutes: score the week that ended, then plan the next. Aim for 85%. Below it, change the week, not the goal.

V WEEKLY SCORE						
WK	DATES	PLANNED	DONE	SCORE	85	WHAT GOT IN THE WAY
1				%		
2				%		
3				%		
4				%		
5				%		
6				%		
7				%		
8				%		
9				%		
10				%		
11				%		
12				%		

VI WEEK THIRTEEN REVIEW · CELEBRATE · REST

What I reached

Average score _____ *What worked*

What I'll change

The next twelve weeks: keep, change or drop each goal.
